

WEIGHT LOSS CHALLENGE

Your 12-Week Corporate Wellness Weight Loss Challenge is guaranteed to Maximize the fat-burning potential of YOUR body!

Which boosts your work performance up to a VERY high level!

Our Complete 12-Week Fitness-Nutrition Challenge Includes...

- 24-Day Metabolic Nutrition System that is guaranteed to increase your metabolism
- Done-for-You Meal Plans for the entire 12-Weeks
- An Individualized Assessment for Each Individual
- Three group total body workouts each week intended to melt fat off your body
- At-Home Done for you Cardiovascular Burst Training Workouts To Be Done Once During the Weekends
- Easy-to-Follow Grocery Lists
- Food Swap Ideas
- Healthy Recipes
- Nutritional Tips
- Goal Planning Sheet
- Pre and post Measurement & Photo Forms

This has EVERYTHING you need, with MINIMAL work!

The ENTIRE program is 100% mapped out for you.

**Who Will Be Your Business's FIRST
*Weight Loss Challenge Winner?***

*Everyone wants to lose
Belly fat, right?*



This is your ANSWER!

Cost for the Program can be discussed and is very affordable for either the corporation or as individuals.



Cost is \$349 per person for the entire 12 week program (paid up front)

Of course I would love to have the entire staff be involved in this, as it will help EVERYONE, not just those needed to lose weight.

Chad Cannon, Owner
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